

**ONSITE
camping**

SILVER GAISCE

3 Day / 2 Night

(Sample Outline)



50km Walk over 3 days, and evening activities both nights

Activities over the 2 days will include some or all of:

Water: Kayaking, Pier Jumping, Mudslide, Canoeing, SUPs

Land: Climbing Wall, Archery, Fun Assault Course, dynamic games & team challenges

SCHEDULE

Day 1

- 9.45am** Arrive at centre. Meet, greet, quick snack and briefing
- 10.30am** Begin walk from centre (21km). Break for lunch along the way (participants bring their own packed lunch).
- 4.30pm** Down time followed by main meal
- Evening** Land and/or water activities, hot supper, camp craft, roast marshmallows

Day 2:

- 8.00am** Breakfast
- 11.00am** Embark on 2nd walking route (17km).
- 1.00pm** Lunch along the way
- PM** As day 1

Day 3:

- 8 – 9am** Breakfast followed by 3rd walking route (12km)
- 1.00pm** Hot lunch, depart.

Please note: *The above outline is a sample. Times and details are subject to change depending on time of arrival and other circumstances that may arise, including weather conditions.*

We can accommodate up to 100 onsite

Pricing

Min of 20 pax	€220.00pp
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1 teacher free per 15 students. Extras are charged €25.00 each.



Druminmore, Rooskey, Co. Roscommon N41 X902

Phone: 0719638300/0872077559

Email: info@shannonriveradventure.com

Website: www.shannonriveradventure.com

 "Shannon River Adventure"

THE SILVER GAISCE JOURNEY

Walking

- 50km over 3 days – fulfilling Gaisce criteria
- no rough terrain
- Comfortable walking shoes essential
- Participants should have a good level of fitness

CAMPING AND GENERAL INFORMATION

Accommodation & Facilities

Student accommodation is camping in large, shared safari tents – strictly separate tents for boys and girls – sleeping on comfortable camping mats in sleeping bags (students bring sleeping bag). The campsite is fully supervised overnight.

Teachers are accommodated indoors - female teachers are accommodated in a shared ensuite dorm-style room and male teachers in the mobile home onsite. Teacher's beds fully dressed.

Supervision from teachers before bedtime is appreciated.

General

Phones are collected on the morning of the first day and may only be used during the trip except for specific medical purposes or if purchasing in the tuck shop.

Restricted items include drugs, alcohol, matches, lighters, extra/dummy phone, and smoking or vaping is not permitted except with prior permission and only in the designated smoking area.

During the evening, the group will do some structured activities and/or games, hot supper, campfire, and marshmallows.

At the centre we have a modern shower and toilet block, spacious and covered outdoor dining/meeting area and tea/coffee making facilities.

We also have a café and tuck shop onsite where hot & cold drinks and snacks can be purchased.

The price includes:

Food (except lunch on the first day): main meal – pasta with tomato-based sauce, evening supper – hot dogs and soup, breakfast - hot and cold including sausages, beans, toast, cereal, fruit & yoghurt, and fruit juice.

We will require a list of any special dietary needs a week in advance.



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BOOKING INFORMATION

On booking, we will email you parental consent forms, a kit list/information sheet which includes a list of recommended items to bring/wear, restricted items and other useful information. All equipment for water activities supplied, including wetsuits, buoyancy aids and helmets. You will also receive a booking form which will include the amount due as deposit. Bookings are only confirmed on receipt of deposit.

Please let us know if your school is managed by an ETB so that we submit a quote in order that you to raise a Purchase Order no. for the deposit due.

The booking form should be completed, reviewed, signed and returned 2 weeks prior to arrival.

2 WEEKS PRIOR TO ARRIVAL:

- **Numbers:** Please provide us with exact numbers of attending students and teachers, plus a breakdown of male and female attendees
- **Booking form:** Should be submitted at this stage outlining number of attendees.

1 WEEK PRIOR TO ARRIVAL:

- **Payment:** Invoice issued for the balance due.
- **Meals:** We need to know the numbers, and names, of attendees with any special dietary requirements.
- **Forms:** All parents guardian forms should be signed at this stage and collected by the organizer. The form should include any special dietary, medical or additional needs and this information should be provided to Shannon River Adventure. **(Please bring the forms with you on the trip).**
- Please ensure that the group are familiar with the list of items we recommend bringing/wearing as well as the policy on restricted items and phone use.
- Please remind students to ensure they have suitable bedding for camping - They can bring sleeping bags, duvet, pillow etc.
- Teacher's beds will have a sheet and pillow but a sleeping bag or duvet is recommended.

Please note: ATTENDANCE and PAYMENT

- The requirement for final number of attendees and advance payment policy is due to the high volume of numbers dropping from booked to actual attendance and is no longer sustainable for us.
- School/Organisation is responsible for any damage caused to the tents and will result in a charge for any repairs required.